



"Drawing From the Well"

"Therefore with joy you will draw water from the wells of salvation." Isaiah 12:3

Womens Ministry of Calvary Chapel Bible Fellowship

EPHESIANS 6:10-24

Lesson 11

Our Christian experience begins with sitting and leads to walking – but it does not end there. Every Christian must also learn to stand. We must be prepared for the conflicts that we will undoubtedly encounter. We have learned how to sit with Christ in heavenly places and *walk* worthy of Him down here. Now, we learn how to *stand* before the enemy in the power of the Living God. Only those who sit can stand. If we are not sitting before God, we cannot hope to stand before the enemy. **Ephesians 6:10-20** shows us *how* to stand. As you study, remember what Jesus said in **John 15:5b**... *"Without Me you can do nothing."*

Note: Satan is identified as the great dragon, the roaring lion, the vile one, the tempter, the accuser and the spirit that works in the sons of disobedience. He is called Satan, which means "adversary" 52 times and the devil which means "slanderer" 25 times.

DAY ONE:

1. Prayerfully read **Ephesians 6:10-24**. Go back and re-read **verses 10-11**. This section begins with the word "finally." Why do you think Paul saved his instructions on warfare for last?
2. What does Paul command us to do in **verse 10**?
3. Look up all of the following verses. Choose four and write down how they minister to you about the strength and power of the Lord.
 - a. **1 Chronicles 29:12**
 - b. **Psalms 62:11**
 - c. **Psalms 65:6**
 - d. **Isaiah 40:29-31**
 - e. **2 Corinthians 12:9-10**
 - f. **Ephesians 3:16**
 - g. **Philippians 4:13**
 - h. **2 Timothy 1:6-9**

4. What are we commanded to put on in **verse 11** and why?
 - a. Look up the following words from **verse 11** using your study tools and record your findings here:
 - 1) **Put on** (#1746)
 - 2) **Whole armor** (#3833)
 - 3) **Stand** (#2476)
 - 4) **Wiles** (#3180)

5. As a Christian soldier, it is important to know who your enemy is and how he operates. What does **2 Corinthians 2:11** say?
 - a. Who is Satan according to **Isaiah 14:12-17**?

 - b. How did he first appear on the earth according to **Genesis 3:1,14**?

 - c. How did Jesus describe Satan according to the following verses?
 - 1) **John 8:44**
 - 2) **John 12:31**

 - d. How did Jesus deal with Satan according to **Matthew 4:1-11**?

 - e. According to the following verses, what does Satan do?
 - 1) **Zechariah 3:1**

 - 2) **Matthew 4:5-7**

 - 3) **2 Corinthians 4:4**

 - 4) **2 Corinthians 11:14**

 - 5) **1 Thessalonians 2:18**

6. What are some of the “*wiles*” of the devil according to the following verses?
 - a. **James 1:13-15**

 - b. **1 Peter 5:8**

 - c. **Revelation 12:9**

 - d. **Revelation 12:10**

*“We are never out of reach of Satan’s devices,
so we must never be without the whole armor of God.”
Warren Wiersbe*

DAY TWO: Ephesians 6:12-13

1. In these verses, the enemy’s forces are clearly described along with our response to him. Read **Ephesians 6:12-13**.
 - a. Do a word study on the following words using your study tools. Write your findings here:
 - 1) **Principalities** (#746)
 - 2) **Powers** (#1849)
 - 3) **Rulers** of darkness (#2888)
 - 4) **Wickedness** (#4189)
 - 5) **Wrestle** or **struggle** is used of hand-to-hand combat. It indicates that we are personally involved, not just spectators.
 - 6) Ultimately, Who fights this battle through us according to **2 Chronicles 20:17a**?
2. What is Paul’s counsel in **verse 11 & 13** for engaging in the struggle defined in **verse 12**?
3. What is the difference between the following words in **verse 13**. To help with your answer you can look at your word study tools or read different translations.
 - a. **Withstand** (#436)
 - b. **Stand** (#2476)
 - c. Difference:
4. In **verses 11 & 13**, Paul tells us how we can withstand the enemy. How does he say this is possible?
5. Why do we need the **WHOLE** armor of God?
 - a. What does “evil day” mean?

*“Since we are fighting against enemies in the spirit world,
we need special equipment both for offense and defense.
God has provided the ‘whole armor’ for us (Ephesians 6:13-17), and we dare not omit any part.
Satan looks for that unguarded area where he can get a beachhead (Ephesians 4:27).
Paul commanded his readers to put on the armor, take the weapons,
and withstand Satan, all of which we do by faith.
Knowing that Christ has already conquered Satan,
that the spiritual armor and weapons are available,
by faith we accept what God gives us and go out to meet the foe.
The day is evil, and the enemy is evil, but ‘if God be for us, who can be against us?’”(Romans 8:31).
Warren Wiersbe*

DAY THREE: Ephesians 6:14-17

1. As you prayerfully read **Ephesians 6:14-17**, remember that Paul was chained to a Roman soldier while he wrote this letter to the Ephesians! He was able to use his circumstance in a positive way by relating our Christian life as a soldier for God.
2. What two things does **2 Corinthians 10:4** say about the weapons of our warfare?
 - a.
 - b.
3. On the following chart, list the various pieces of armor listed in **Ephesians 6:14-17**.

Armor	Symbolizes	Offensive or Defensive	Applications

4. What specific parts of the body were protected by the armor?

Piece of Armor	Part of Body / Vital Organs

5. Why is being girded with truth essential for success in spiritual battles?

6. How can a life of righteousness (godly integrity) be a protection against spiritual attacks?
 - a. How does a guilty conscience weaken us?
 - b. What does **Romans 8:1** say?
 - c. Who does **1 John 5:4** say victory is for?

7. Compare the following two Scriptures. Why is good footwear such an important piece of armor?
 - a. **Ephesians 6:15**
 - b. **Isaiah 52:7**

8. The shield was a large body shield, approximately 9' x 2 ½' and served as a moveable protection against anything that was thrown at the soldier. What is this shield to be used for according to Paul?
 - a. How can our faith in Christ become a protecting shield against the enemy's darts?

9. Why does our head need special protection? Where is the first place that the enemy attacks us?
 - a. How does the assurance of salvation equip us against these attacks?

10. What is the one offensive weapon necessary for us as Christians?
 - a. How can this be used defensively?
 - b. Read **Hebrews 4:12**. How is this weapon described?
 - c. How can you use this weapon to fight the enemy?

Note: The sword varied in length from 6-18". It was the principle weapon in hand-to-hand combat. It was always ready at hand and ready to use.

11. Although the enemy is real and he is busy roaring around seeking whom he may devour, we cannot always blame our sin on him. What does **James 1:14-16** say?

*“A change in geography is usually no solution to spiritual problems,
because human nature is the same wherever you go, and the enemy is everywhere.”
Warren Wiersbe*

DAY FOUR: Another Look at the Armor

Perhaps the armor seems complicated and cumbersome to you. God's Word offers us a simplified way to be dressed and ready for battle.

1. What is the girdle of truth according to **John 14:6**?
2. What is the breastplate of righteousness according to **Jeremiah 23:6**?
3. What are the sandals of the preparation of the gospel of peace according to **Ephesians 2:14**?
4. What is the shield of faith according to **Hebrews 12:2**?
5. What is the helmet of salvation according to **Psalms 27:1**?
6. What is the sword of the Spirit according to the following verses?
 - a. **John 1:1**
 - b. **Revelation 19:13**
7. In light of these Scriptures, what is the most important thing that we must do to be ready for battle? See **Romans 13:14**.

DAY FIVE: Ephesians 6:18-24

1. Paul now turns from military comparison to speaking directly of a crucial weapon that Christians must use in the battle against evil – **PRAAYER** – unceasing intercession before the Father. Prayerfully read **Ephesians 6:18-24**.
2. Why do you think Paul wraps up his discussion of the "*whole armor of God*" with this exhortation to pray?
3. Read **Ephesians 6:18** carefully. List the six instructions on how to pray given in this verse. After each, explain the specific instruction in your own words. Put a star by any that are not evident in your life. After you finish the list spend some time in prayer!
 - a.
 - b.
 - c.
 - d.
 - e.
 - f.
4. From whom does Paul ask prayer in **Ephesians 6:18-19**?
5. What are Paul's prayer requests according to **Ephesians 6:19-20**?

6. Why is prayer so crucial?

7. Read **Ephesians 6:21-22**. Who was Tychicus from **Acts 20:4**? (See also Colossians 4:7).
 - a. Why was he sent to the Ephesians?

8. Read **Ephesians 6:23-24**. What 5 Christian attributes are interwoven in this concluding benediction?
 - a.
 - b.
 - c.
 - d.
 - e.

*“As believers, we do not fight for victory – we fight from victory!
The Spirit of God enables us, by faith, to appropriate Christ’s victory for ourselves.”*
Warren Wiersbe

LOOKING BACK...Review of Ephesians.

The study of the Book of Ephesians has been both exciting and challenging for some! You have gone from sitting before the Lord to walking with Him and finally...standing in Him to fight the enemy. Your life has been undoubtedly changed through the work of the Holy Spirit. Over the holiday break read Ephesians once again. Think back on all the principles you have learned – your riches in Christ, the old man, the new man, the worthy walk, unity, marriage, children, prayer, spiritual warfare – just to name a few!

Select a theme that ministered to you the most from your study. Write a paragraph on how God spoke to you and how you have, or will, apply it to your life.

As way of review, and to test your recall from the study of Ephesians, complete the crossword puzzle on the following page.

