

## Romans 8:1-17

Lesson Ten

*“Arise, my soul, arise; Shake off thy guilty fears;  
The bleeding Sacrifice in my behalf appears:  
Before Thy throne my Surety stands,  
My name is written on His hands.  
My God is reconciled; His pardoning voice I hear;  
He owns me for His child; I can no longer fear:  
With confidence I now draw nigh,  
And ‘Father, Abba, Father,’ cry.”* Charles Wesley

### DAY ONE: Romans 8:1-39

1. Please begin your study time with prayer. Read **Romans 7** before continuing on to Romans 8. Remember, context rules interpretation, and by reading **Romans 7** you will continue to follow Paul’s flow of thought. Note that Chapter 8 begins with the word “*therefore.*”
2. Read **Romans 8:1-39**. Remember to “read with a purpose” asking yourself why Paul wrote this chapter. Pull out the key words and phrases and list them in the column below. Then title the segment and chapter. Note that the word “*therefore*” in **Romans 8:1** is referring to all that has been taught in the previous seven chapters.

Vs	Romans 8:1-17	Vs	Romans 8:18-39
<b>Segment Title:</b>		<b>Segment Title:</b>	
<b>Chapter Title:</b>			

3. Write down any new insight that you have gained from the above assignments.

*“The subject here is no longer Christ’s work for us, but the Spirit’s work within us.”* William Newell

4. Read **Romans 8:1-17**. Who do you think Paul is contrasting- the **unsaved and saved** or the **Carnal Christian and the Spiritual Christian**? *Note: there are varying views.*
5. Look up the following words from **Romans 8:1-4** using your study tools.
  - a. **Condemnation:**
  - b. **Who walk:**
  - c. **Free:**
  - d. **Condemned:**
  - e. **Might be fulfilled:**
6. Who can claim “**no condemnation**”? \_\_\_\_\_
  - a. In your own words, what does that mean?
  - b. If you are a believer with the Spirit of God dwelling in you, where does condemnation come from?
    - 1) **Revelation 12:10:**
7. Why did God send His Son according to **John 3:17**?
8. **Romans 8** contrasts flesh and spirit. Just looking at **Romans 8:1-18**, list your findings in the appropriate column.

Vs	Flesh – Death	Vs	Spirit - Life

9. Jesus was fully God, fully man. **Romans 8:3** says that God sent “*His only Son in the ‘likeness’ of sinful flesh.*”
- Look up and write out the definition of the word “**likeness**”:
  - Write out **Philippians 2:5-11**:
  - What does **2 Corinthians 5:21** say?

**Challenge:** As way of review from lesson 5 you may want to go back to those Scriptures that show the Deity of Jesus Christ:

- |                             |                               |
|-----------------------------|-------------------------------|
| a. <b>John 1:1:</b>         | f. <b>John 20:27-29:</b>      |
| b. <b>John 1:14:</b>        | g. <b>Hebrews 1:3,4:</b>      |
| c. <b>John 8:24, 58-59:</b> | h. <b>Colossians 1:15-20:</b> |
| d. <b>John 10:30-33:</b>    | i. <b>Colossians 2:9-12:</b>  |
| e. <b>John 17:5:</b>        |                               |
10. In **Romans 8:3b**, what did Jesus accomplish by coming in the *likeness of man to sin*?
11. According to **Romans 8:4**, who can stand in this fact? \_\_\_\_\_
- How is the law fulfilled?
    - In us or by us?**
    - What is the difference?
12. What does it mean to *walk according to the Spirit*?

**DAY TWO: Romans 8:5-9**

- In **verses 5-8** it describes two frames of “mind”.
  - Look up the word “**mind**” from verse 5 and write out the definition:
- Look up the following verses and contrast the final destiny of the person with this mindset.
  - Philippians 3:18-19:**
  - Colossians 3:1-4:**
- What should our mindset be as believers according to the following verses?

- a. **1 Peter 3:8:**
  - b. **Philippians 2:3-5:**
  - c. **Philippians 4:8:**
3. In 1 Corinthians, Paul talked about three types of people, and we looked at that last week in the explanation of *the Natural, the Carnal and the Spiritual Man*. In Romans, Paul alludes to two types of people. He calls them the carnal and the Spiritual. In **Romans 8:6**, what does Paul say is the end of two types of people?
- a. Carnally minded: \_\_\_\_\_
  - b. Spiritually minded: \_\_\_\_\_
  - c. Do a Word study on the word “*carnal*” from **Romans 8:6** and record your findings here:
  - d. What is your mind set on?
  - e. Stop and ask God to give you the mind of Christ!
4. **Verse 7-8** tells us why those who are in the flesh or carnally minded cannot please God. Read **Romans 8:7-8** from the Living Bible below:
- “Because the old sinful nature within us is against God. It never did obey God’s laws and it never will. That’s why those who are still under the control of their old sinful selves, bent on following their old evil desires, can never please God.”* (TLB)
5. **Romans 8:9** gives you and me a blessed hope! This verse is the key to victory over flesh. He shows a contrast to the previous verses. Look up the word “*dwelt*” and write out the definition here:
6. Look up the following verses that deals with the Spirit dwelling in us.
- a. **Ephesians 3:16-18:**
  - b. Look up any other references you can find regarding the Spirit dwelling in a believer.
7. Bob Munger wrote a great booklet “**My Heart, Christ’s Home**” (Intervarsity Press, 1954).
- “In it he describes a Christian who invites Christ to come in, settle down and make Himself at home in his heart. The day this fellow invited Christ into his heart was glorious. Every morning the Lord and he would rise early, sit together, plan the day and talk in beautiful warm fellowship. As the days went by the Christian gradually began getting up too late to enjoy this fellowship. Seeing Jesus sitting and waiting for him, he’d say ‘Lord I’m in a hurry today, but I’ll be back tomorrow.’ Then he rushed out the door. After many days passed, the man longed for real fellowship with the Lord. Early one morning he stopped by, sat down, and said ‘Oh Lord I’ve missed this.’ He was surprised to hear Him say ‘I’ve missed it too.’”*

*One day the Christian came home from work and the Lord said 'There is a horrible smell in this house. I located it in the closet upstairs, but the closet is locked.'*

*The man said 'I've given You the whole house, all I have kept for myself is that little closet upstairs. Why can't You just ignore it?' Jesus said 'I can't live in the same house with that smell. Either it goes or I go.' The man softened 'actually I've tried to clean that up for a long time, but I don't think I can Lord.' The Lord said 'will you give Me the permission to clean it up for you? Just give Me the key and I will take care of it.' The man reluctantly handed over the key and the Lord went to work. He cleaned and scrubbed until He got rid of the stink and filth in that closet. Though the Christian was unable to do the job himself, he discovered that the Lord would do it if only he would yield. After the work was done, fellowship between the two was better than ever."*

8. Paul spoke of the *Natural, the Carnal and the Spiritual* man in 1 Corinthians meaning:
- 1) The Unsaved as the Natural man.
  - 2) The Carnal man as the Christian who has accepted Jesus but seemingly only as "fire insurance."
  - 3) And the Spiritual as the man who is walking and abiding in Jesus as Lord of his life.

In Romans, Paul now narrows it down to two categories: the Carnal and the Spiritual. While in 1 Corinthians, Paul uses the term carnal for a believer as addressing the "church" in Corinth (1 Corinthians 1:2); remember Paul was dealing with a lot of accepted carnality within that Church. In Romans, Paul now addresses the general population of believers in Rome (Romans 1:7) and uses the term "carnal" for the man who has NOT the Spirit of God. In this setting, he deals with those who are struggling and feeling condemned by their shortcomings. He now talks about how the life of the believer or the "Spiritual" is lived in two different dimensions.

- 1) Those who **"have the Spirit"** in **Romans 8:9-11**. (He's in our home but is locked out of certain rooms)
  - 2) Those that **"the Spirit has"** in **Romans 8:12-17**. (He has access to our entire house)
- a. What one of these categories do you see yourself in?
  - b. There is a locked closet in all of our hearts! Won't you go to prayer and simply give God the key? Ask Him to cleanse you!

***"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar, and His word is not in us." I John 1:9-10***

### **DAY THREE: Romans 8:10-14**

1. **"But"** always marks a contrast. What does the **"but"** in **verse 11** contrast with?
2. What does **Colossians 1:27** say with regard to **"Christ in you"**?
3. Who raised Jesus from the dead?
  - a. **John 10:18:**
  - b. **Acts 3:26:**
  - c. **Romans 8:11:**
    - 1) What would have happened if Jesus did not rise from the dead?

4. In **Romans 8:12**, it says *“therefore brethren we are debtors.”* According to **1 Corinthians 6:19-20**:
  - a. Who are we debtors to?
  - b. Why are we debtors?
  
5. Keeping in mind that we are not debtors to the flesh, what does **Romans 13:14** say? Fill in the blanks on the following page:  
*“But put on the \_\_\_\_\_, and make no \_\_\_\_\_ for the \_\_\_\_\_, to fulfill its \_\_\_\_\_.” Selah!*
  
6. According to **Romans 8:13** what is the only way we can live?
  - a. **Romans 8:14a** gives us the solution. What is it?
 

*R.C. Sproul writes: “Notice the shift that is occurring here. Paul moves from focusing upon the character of God and his blessings bestowed upon believers, to the responsibilities and obligations that we have in living out the faith. This distinction, however, leads to another distinction. Our obligation does not require us to act on our own, independent of the work of the Spirit within us. It is our faith that must be exercised; we must work out our faith in fear and trembling, but all this is in, by and through the indwelling power of the Holy Spirit.”*
  
7. Do you have any questions so far from your study this week? Do not get discouraged, there is no question that is stupid or too elementary. If you have any questions, write them out here, and let’s reason together and try to find the answers!

#### **DAY FOUR: Romans 8:14b-17**

1. What does **Romans 8:14b** mean when it says *“sons of God”*?
  
2. Look up the following verses and comment.
  - a. **Galatians 3:26**:
  - b. **Titus 3:7**:
  
3. What is the contrast in **Romans 8:15**?
  - a. Look up the words:
    - 1) *Spirit of bondage*:
    - 2) *Fear*:
  
4. A spirit of fear is something that all men are familiar with. List some things that cause you to fear:
  
5. What is the solution to fear? *Note this kind of fear is not a reverential fear of God but a crippling fear.*
  - a. **1 John 4:18**:
  - b. **2 Timothy 1:7**:

- c. **Luke 12:7:**
  - d. **Matthew 10:28:**
6. Look up the word *Adoption* and write out the definition here:
- a. Stop and think about what **Romans 8:15-17** means to your life! He has not only delivered us from the bondage of fear, but He calls us His child! Write your response to God for what He has done for you, calling you His child!
7. How do you know if you are a “*son of God*”? Very simply, are you living for God and talking about the things of God? Are you occupied with the things of God? The person who is truly led by the Spirit is wrapped up in the things of God, for he is a son of God. He rejoices in his Father and seeks to please His Father in all that he does. Can this be said of you?
8. What did Jesus say in **John 14:18-20**?

***“He Himself has said, ‘I will never leave you nor forsake you.’” Hebrews 13:5***

9. What does **Romans 8:17** have to say about *Suffering*?
- a. Look up the definition of *suffering*, using your study tools.
10. What does it mean if we *suffer with Him*?
- a. In what way did Jesus suffer? Back your answer with Scripture.
  - b. What did Paul write about suffering (affliction) in **Colossians 1:24**?
  - c. Can you think of other verses that Paul spoke of affliction or suffering? Do some digging and record Paul’s perspective on this subject.

***“Imitate me, just as I also imitate Christ.” The Apostle Paul...1 Corinthians 11:1***

**DAY FIVE: Review of Romans 8:1-17**

1. This chapter is so vital to our walk with God! Review **Romans 8:1-17** and record any fresh insights.
  
2. Note how the Scripture points out what the Power of the Holy Spirit is in our life. Find the reference for the statement in the following chart:

Verse	What the Power of the Holy Spirit is:
2-4	<p>The Spirit gives life.</p> <p>The Spirit pulls the mind to spiritual things.</p> <p>The Spirit dwells within the believer.</p> <p>The Spirit gives life to the spirit of the believer.</p> <p>The Spirit gives the power to mortify—to put to death—evil deeds.</p> <p>The Spirit leads the believer, identifying him as a son of God.</p> <p>The Spirit adopts.</p> <p>The Spirit bears witness with our spirit.</p>

3. What is your definition of *legalism*?
  
4. Many in the church today have a distorted view of legalism. When a person says, “*I don’t drink alcohol*” (or you fill in the blank) many automatically call him “legalistic”. When in reality he has just realized that he is free from fulfilling that particular lust in his life. Freedom in Christ simply means we are free to do all that is within the parameter of Jesus’ life. We are free from the bondage of sin and fear! True “legalism” is trying to obtain righteousness by our deeds. Our study in Romans thus far has shown that our righteousness and justification comes **only** by faith in the finished work of Jesus Christ. We cannot add any works to that position. However, when we realize the cost of our position, God works a desire in us to be Holy as He is Holy. Therefore, when we realize the freedom from sin in our lives, we are not legalistic; we are walking in the spirit and not fulfilling the lustful desires of our flesh. This is a place where we will realize the power of God in our lives. Obedience is not legalism. Remember God has given us grace for obedience!
  
5. **Now** what is your definition of *legalism*?
  
6. How do you know when you are *walking in the flesh*?
  - a. What is the result?
  
7. How do you know when you are *walking in the Spirit*?
  - a. What is the result?
  
8. We often get *condemnation* confused with *conviction*. Look up the meanings of each word.

- a. **Condemnation:**
  - b. **Conviction:**
  - b. What is the difference in your own words?
9. We must refuse condemnation from the enemy – but ALWAYS give in to the conviction of the Holy Spirit. He is calling all of us. He has called us **with a holy calling!** Pray right now that God will continually show you the difference.

*“The fullness of the Spirit will manifest itself pre-eminently in a supreme consciousness of Christ, an increased holiness of character, and a marked power in service.” Oswald Sanders*

10. Let’s finish our study today by looking up and reading **Isaiah 6:1-6**. What happened when Isaiah saw the Lord?
11. Meditate on this passage of Scripture and allow God to work the response of Isaiah in your heart today.

*“I see the Lord  
Seated on the throne exalted.  
And the train of His robe  
Fills the temple with glory.  
And the whole earth is filled,  
And the whole earth is filled,  
And the whole earth is filled  
With His glory.  
Holy, holy, holy, holy;  
Holy is the Lord.”*

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